Nose Creek Dental Sedation Post-Operative Care – Info. for Caregiver

#1 – 409 1 Ave N.W. Airdrie, AB 403-948-6684

Patient is to go directly home, caregiver is to call the office (provided) upon arrival to confirm patient's safety.

Please walk with hand on patient's elbow for balance.

Try to urge Patient to drink plenty of water to stay hydrated.

Always be encouraging and positive. Remember that with this sedation medication, the patient's overall experience depends highly on what is told and/or discussed during the time they are sedated.

Call the office or after-hours phone number (provided) if there are any concerns.

THINGS TO AVOID

No sedatives for 24 hours.

No stimulants for 12 hours.

No driving for 24 hours after appointment.

No operating hazardous devices/equipment.

No heavy lifting or stairs

No important/legal/financial decisions.

Anesthetic may last 3-4 hours after appointment. Soft food is recommended, (ie.) yogurt, cottage cheese, scrambled eggs.

Please call the office if the patient is experiencing discomfort when biting together, or notices that a tooth/area feels "high" or off. We will need to adjust the surface of their bite with a quick appointment that does not require sedation.

The patient will be sleepy and will most likely nap throughout the day – this is normal.

| I | have read and understand all the sedation post-operative |
|--------------------------|--|
| instructions for patient | |
| | |
| Date | Signature |