



NOSE

CREEK

DENTAL

CENTRE

Pre-Appointment IV Sedation Patient Information

The proposed dental treatment is to be performed with the use of intravenous sedation. The drug used is Versed (midazolam). This drug is in the same class as Valium. If any problems with these drugs have occurred for you in the past, it is important to inform our doctor.

The purpose of the IV sedation is to induce a relaxed, comfortable state for long or difficult dental procedures. The patient **will not** be put to sleep with this procedure, but will be relieved of any anxiety and most recollection of the dental visit will be forgotten.

- Prior to sedation, meals **MUST** be restricted to nothing solid consumed for 6 hours- clear fluid only such as; Water (Plain, carbonated or flavored) ; fruit juice without pulp (apple or white grape juice) ; carbonated drinks including dark soda (cola & root beer) ; tea or coffee without milk or cream; sports drink; Ice pops with out milk, can sweeten with honey or sugar **then nothing for 2 hours prior to the sedation procedure.**
- Wear loose comfortable clothing. Wear short sleeved shirt or long sleeved shirt loose enough to be pushed to the elbow.
- Remove contact lenses prior to the appointment. Please do not wear nail polish or lipstick.
- If possible, please arrive at least 10 minutes before your scheduled appointment time.
- A BMI (body mass index) of no greater than 40 is permitted to legally proceed with IV sedation at a non-hospital clinic...find yours at www.bmicalculator.org. (you will need to know this number for your appointment)

Most patients are tired and disoriented following sedation, therefore **ALL PATIENTS MUST BE ESCORTED HOME BY A RESPONSIBLE ADULT. THE ESCORT MUST COME INTO THE OFFICE TO PICK UP THE PATIENT, AND REMAIN WITH THEM FOR 12 HOURS AFTER THE SEDATION APPOINTMENT.**

Some patients feel normal following sedation, however, **UNDER NO CIRCUMSTANCE CAN A PATIENT OPERATE A MOTOR VEHICLE FOR THE REST OF THE DAY.**

In addition, **NO ALCOHOL CONSUMPTION** is advised for 18 hours following IV sedation.

Upon arriving home, most patients will fall into a normal sleep for several hours and a mild fever may occur. After a good nights sleep, all symptoms will have subsided and normal activities can be resumed.

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Any Questions please call or email us prior to your appointment.
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