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CENTRE

## Intravenous Sedation Authorization

The proposed dental treatment is to be performed with the use of intravenous sedation. The drug used is Versed (midazolam) and/or Fentanyl. This drug is in the same class as Valium. If any problems with these drugs have occurred for you in the past, it is important to inform our doctor.

The purpose of the IV sedation is to induce a relaxed, comfortable state for long or difficult dental procedures. The patient **will not** be put to sleep with this procedure, but will be relieved of any anxiety and most recollection of the dental visit will be forgotten.

- **Prior to IV sedation, meals MUST be restricted to nothing solid consumed for 6 hours nor clear fluid for 2 hours prior to the sedation procedure.**
- Wear loose comfortable clothing. Wear short sleeved shirt or long sleeved shirt loose enough to be pushed to the elbow.
- Remove contact lenses prior to the appointment. Please do not wear nail polish or lipstick.
- If possible, please arrive at least 10 minutes before your scheduled appointment time.
- A BMI (body mass index) of no greater than 40 is permitted to legally proceed with IV sedation at a non-hospital clinic...find yours at [www.bmicalculator.org](http://www.bmicalculator.org). (you will need to know this number for your appointment)

Most patients are tired and disoriented following sedation, therefore **ALL PATIENTS MUST BE ESCORTED HOME BY A RESPONSIBLE ADULT. THE ESCORT MUST COME INTO THE OFFICE TO PICK UP THE PATIENT, AND REMAIN WITH THEM FOR 12 HOURS AFTER THE SEDATION APPOINTMENT.**

Some patients feel normal following sedation, however, **UNDER NO CIRCUMSTANCE CAN A PATIENT OPERATE A MOTOR VEHICLE FOR THE REST OF THE DAY.**

In addition, **NO ALCOHOL CONSUMPTION** is advised for 18 hours following IV sedation.

Upon arriving home, most patients will fall into a normal sleep for several hours and a mild fever may occur. After a good nights sleep, all symptoms will have subsided and normal activities can be resumed.

I HAVE READ AND UNDERSTAND ALL OF THE ABOVE INFORMATION AND MY BMI IS \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Escorts Name

\_\_\_\_\_  
Phone #

#1, 409 – 1 Avenue  
Airdrie, AB T4B 3E2  
(403)948-6684



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## IV Sedation Informed Consent

Most all patients respond well to our sedation methods but individual responses may vary. I \_\_\_\_\_ understand that undergoing IV sedation includes possible inherent risks such as but not limited to the following:

- Complications due to administered drugs which may include: nausea, vomiting, swelling, bleeding, infection, numbness, allergic reaction, stroke, and heart attack. Extremely rare complications may require hospitalization and even result in death.
- Bruising and tenderness of the IV induction site may occur
- Women : Anesthetics may be harmful to an unborn child. I accept full responsibility and agree to inform the dentist of pregnancy.

I have been given the opportunity to ask questions regarding the nature and purpose of IV sedation. I do voluntarily assume any risks which may be associated with any phase or receiving IV sedation. I have been given no guarantees nor promises. I freely give my consent to administer IV sedation.

\_\_\_\_\_  
Name of Patient or Guardian

\_\_\_\_\_  
Signature - Patient/Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Witness

\_\_\_\_\_  
Signature of Witness

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## Post Sedation Instructions

- Go home and rest for the remainder of the day.
- A light meal should be adequate after sedation and be sure to drink plenty of water to keep hydrated
- If a feeling of nausea develops after sedation lay down until the feeling passes. Napping is a good idea and helps to alleviate nausea
- Patients need to have a responsible adult stay with them and monitor them for at least 12 hours or until the morning following their appointment.
- Drugs such as Tylenol, Advil or Motrin are usually effective for mild pain and fever that may follow surgery and sedation
- For the remainder of the day the sedation Patient **MUST NOT**:
  - Return to work or perform strenuous activity
  - Drive a car or other vehicle (you are impaired even if you think you are fine)
  - Consume alcohol
  - Operate Machinery including kitchen equipment
  - Climb heights like ladders and scaffolding
  - Make important decisions (sign legal documents)
- If you are experiencing any unusual problems call the office at 403-948-6684. If you are having difficulty breathing, go to your local hospital emergency.

\*\*\* The Medication you were given is called Midazolam \*\*\*

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